

Maryland SHIP "Health Action" Newsletter

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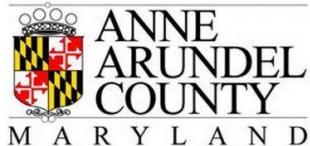
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Governor Martin O'Malley
Lt. Governor Anthony G. Brown
DHMH Secretary Josh Sharfstein

November 15, 2013

Anne Arundel County's Road to Recovery Program Receives CARF Accreditation



Heroin use in Anne Arundel County is a growing problem. In 2012, there were 17 confirmed heroin overdose deaths, a 30% increase from 2011. The Anne Arundel County Department of Health's adult addictions program, Road to

Recovery, provides methadone and intense counseling as an alternative to the traditional forced withdrawal method of detox.

Anne Arundel and Baltimore are the only jurisdictions in the state whose jails offer methadone treatment to prisoners addicted to heroin and opioid painkillers. Of the 170 inmates who participated in the Road to Recovery program in its first year, only 27 were sent back to jail. Before the development of the program, more than half of all inmates were rearrested after release. Road to Recovery, now in its second year, was recently accredited by the Commission on Accreditation of Rehabilitation Facilities International (CARF) for a period of three years.

Click [here](#) to view the press release.

Click [here](#) for more information.

View the [SHIP measure](#) and [tools](#) for reducing the number of emergency department visits related to behavioral health conditions.

New Model Expands Services for Mentally Ill Patients Under the Affordable Care Act



Thousands of people suffer from mental illnesses with costly and severe long-term effects that burden patients. DHMH has partnered with [Way Station Inc.](#) to expand

mental health services to low-income adults in Maryland. Way Station currently serves more than 3,000 individuals in five Maryland jurisdictions and is dedicated to providing behavioral health care, housing and employment services to adults, children, adolescents, and veterans.

This patient-centered medical home program improves health and reduces costs by providing care coordination and integrating primary care nurses in community mental health clinics, which individuals with serious mental illness are most familiar. The program, originally launched in Frederick, Howard and Washington counties to help patients develop the skills to better manage their mental illness and overall health, will serve more than 20,000 individuals with disabilities in response to the Affordable Care Act.

Click [here](#) for more information about this model.

View the [SHIP measure](#) and [tools](#) for reducing the number of emergency department visits related to behavioral health conditions.

November is American Diabetes Month



November is American Diabetes Month. According to the American Diabetes Association (ADA), approximately 26 million children and adults in the U.S. have diabetes, with an estimated national cost of \$245 billion. Recent estimates project that as many as one in three American adults will have diabetes in 2050, and an additional 79 million Americans are at high risk for developing type 2 diabetes.

American Diabetes Awareness Month is a national effort by the ADA to raise awareness and provide information about healthy living for those diagnosed with diabetes. To celebrate, the ADA has launched an initiative called "[A Day in the Life of Diabetes](#)," to demonstrate the impact diabetes has on families and communities across the country. Join the [Maryland office](#) of the ADA to participate in community efforts and spread awareness about diabetes prevention and control.

Click [here](#) for more information about American Diabetes Month.

Click [here](#) for more information about the "A Day in the Life of Diabetes" initiative.

Click [here](#) for more information about Maryland action at the American Diabetes Association.

View the [SHIP measure](#) and [tools](#) for reducing emergency department visits due to diabetes.

Upcoming "Together on Diabetes" Webinar

Bristol-Myers Squibb Foundation



Communities Uniting to Meet America's Diabetes Challenge

Join the Public Health Institute on Wednesday, November 20, 2013 from 2:00 to 3:30 p.m. ET for a webinar entitled "Together on Diabetes: Collaborating with Community Health Workers (CHWs) to Alleviate the Nation's Diabetes Burden." The webinar will focus on the **Bristol-Myers Squibb Foundation's Together on Diabetes (TOD) Initiative**, and will provide perspectives from program administrators and CHWs discussing TOD grantee projects, collaborations with CHWs to ease the burden of diabetes at the clinical and community level, and three models demonstrating the value of CHWs in diabetes management and care programs. Presenters will also discuss strategies for community engagement, funding and training of CHWs, and how CHWs and peer support services may positively impact the nation's health.

Click [here](#) for more information and to register.

View the **SHIP measure** and **tools** for reducing emergency department visits due to diabetes.

News from the Office of Primary Care Access

Maryland Rural Health Day

The State Office of Rural Health will be celebrating Maryland Rural Health Day in coordination with National Rural Health Day on Thursday, November 21, 2013. The state's 18 local rural health departments and fellow rural health stakeholders will receive state proclamations and media press kits to celebrate this special day. The State Office of Rural Health encourages community members to get involved and spread awareness of rural health issues in the state.

Click [here](#) for more information about National Rural Health Day.